

# The Daily Carrot

Volume XIII, Issue III

September, 2007

## Plaza Pleasures Presents ...

Our final concert of the  
2007 season ...

September 1 - 9:30 to 11:30

**The HANDSOME  
MOLLY BLUEGRASS  
BAND**

• September 15 - 9 to noon

Clown around with  
**WIZZ THE CLOWN**

## Save the Dates:

9/1 **September Raffle**—  
Win lots of **FREE** stuff  
from all our vendors **PLUS**  
a canvas Farmers Market  
tote bag!! Such a deal!

9/15 Farmers Market **3rd  
ANNUAL APPLE PIE  
BAKING CONTEST**

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Please remember to visit and  
support the various commu-  
nity group fundraisers and  
information booths which  
attend the market each week.

## The Changing of the Seasons

School has started, the bees  
are buzzing, the days are  
getting shorter, plumes have  
sprouted on our ornamental  
grasses and our backyard  
tomatoes are done. This  
can only mean one thing:  
Summer is nearing the end  
of its 2007 run and Fall will  
be upon us shortly.

However, that's no excuse  
to start taking anti-  
depressants! At **The Deer-  
field Farmers Market** the  
changing of the seasons  
means we get to look for-  
ward to a new crop of pro-  
duce and flowers.

We'll certainly enjoy our last  
ear of super sweet corn  
(except for the bumper crop  
we froze), the last sliced

tomato salad with fresh basil  
chiffonade, sliced Mozzarella  
cheese and drizzle of extra-  
virgin olive oil, the last fresh  
peach and blueberry crisp,  
and the last bouquets of  
lisianthus, gladiolas and tuber  
roses. BUT ...

Just imagine how enticing it  
will be on the first cool,  
crisp fall evening to delight in  
a warming bowl of freshly  
made butternut squash soup  
with a roasted red pepper  
puree or a dollop of apple  
cider cream! (Recipes can  
be found at [epicurious.com](http://epicurious.com))  
Or imagine how beautiful  
your garden will be, bursting  
with the biggest and most  
brilliantly colored mums  
found at our market. (And

the vendors will even carry  
them to your car! How's  
that for great service!!)

And of course, what symbol-  
izes autumn more than the  
arrival of just-picked-off-the-  
tree apples! At **The Deer-  
field Farmers Market** we  
have apples galore and  
more! We admit, it may not  
be as much fun as picking  
them yourself, but holy cow!  
They are definitely just as  
good. And ok, it is rather  
convenient have the apples  
come to us. Also, remem-  
ber our newest vendor,  
Royal Oak Farm Orchard is  
a U-pick farm in nearby Har-  
vard, IL. You can find direc-  
tions to their farm online (at  
[royaloakfarmor-](http://royaloakfarmor-)



## 3rd Annual Apple Pie Contest

The entry forms are in and  
we are already starting to  
salivate. Our **3rd Annual  
Apple Pie Contest** will be  
a happenin' event on Satur-  
day, September 15!

The fun begins as our celeb-

rity judges taste and analyze  
the best apple pies our  
Deerfield residents have to  
offer.

We are thrilled to present  
our esteemed judges:

**GALE GAND**, executive

*pastry chef and co-owner of  
Chicago's 4-star restaurant Tru  
(and former Deerfield resident  
now residing in Riverwoods  
whose father is Bob Gand,  
owner of The Village Music  
Store and whose brother owns  
Gand Music and Sound in*

The Daily Carrot  
a Deerfield Farmers Market Update

Village of Deerfield  
850 Waukegan Road  
Deerfield, IL 60015

Phone: 847.945.5000

Fax: 847.945.0214

E-mail: [farmersmarket@deerfield-il.org](mailto:farmersmarket@deerfield-il.org)

Website: [www.deerfield-il.org/farmmkt/farmersmarket.html](http://www.deerfield-il.org/farmmkt/farmersmarket.html)

**The Daily Carrot** is published monthly. Pick up your free copy to find great ideas, delicious recipes and fun facts about the wonderful products at the **Deerfield Farmers Market**. Copies of the newsletter are available at *The North End* by the market board.

Also, pick up a free copy of the market calendar and be sure to check the marker board each week so you don't miss a thing!

Our Farmers Market Committee: Joan Reed & Joanne Kunz, co-managers; Pat & Tom Jester; and Brian Reed.

## Inside our Recipe Box

### Cinnamon-Sugar Apple Rings

2 McIntosh Apples (or any other apple of your choice) - peeled, cored and cut into 1/4" rings; discard ends

1 Tbl butter, melted

1-1/2 Tbl sugar mixed with 1/2 tsp cinnamon

Brush apple rings on both sides with melted butter; place in single layer on baking sheet and broil until edges are golden, about 5 mins. Sprinkle with cinnamon sugar and continue to broil until glazed and golden, about 2 mins more. Serve with a scoop of vanilla ice cream, if desired.

Serves: 2

Adapted from Gourmet Magazine, 1/96

## The Changing of the Seasons—continued

chard.com) or just ask Aaron at their booth. Then you can pick 'em yourself!

The **Deerfield Farmers Market** will continue to be a hoppin' place

## 3rd Annual Apple Pie Contest—continued

Northfield); **KEVIN QUIGLEY** (owner of Kevin's Place Restaurant, actor and funniest guy in Deerfield); and **BILL ERNST** (winner of our 2006 Apple Pie Contest, Highland Park Resident, and part of the great and hard-working crew at the Deerfield Public Works Department).

We had such a great turnout last year and hope to have even more fun this year! The top three winners will receive great prizes. The first place win-

ner will receive a gift certificate to Stoney River, the second place winner will receive a gift certificate to Renu Day Spa, and the third place winner will receive a gift certificate to Starbucks.

**WIZZ THE CLOWN** will also be on hand to provide tons of laughter and fun.

After the winners are announced, we will accept donations in exchange for slices of pie. All money collected will

benefit the **West Deerfield Township Food Pantry**.

With a slew of entries, three great judges, and one very funny clown, this is sure to be another farmers market event you don't want to miss.



## Miscellaneous

**LOST & FOUND** - If your child has lost a sun hat and toys, please let us know and give us a description. We found some children's items at the conclusion of two concerts and will hold on to these things until the last market date.

Congratulations to **DORIS PIGOTT** of Deerfield, winner of our August Raffle! Doris won some really tasty items from all our vendors.

Our final raffles of the season will be on September 1 and October 6.